

North Coast Section, CIF
NCS Automatic and Consideration Times
2009

Event		Automatic	Consideration
Event 1	Women 200 Medley Relay	1:55.06	2:03.99
Event 2	Men 200 Medley Relay	1:42.08	1:51.09
Event 3	Women 200 Free	1:56.31	2:02.79
Event 4	Men 200 Free	1:46.77	1:53.29
Event 5	Women 200 IM	2:17.07	2:20.39
Event 6	Men 200 IM	2:00.56	2:08.69
Event 7	Women 50 Free	24.67	25.79
Event 8	Men 50 Free	21.79	22.89
Event 9	Women's 1 mtr. Diving	275	255
Event 10	Men's 1 Mtr. Diving	250	240
Event 11	Women 100 Fly	58.87	1:03.69
Event 12	Men 100 Fly	52.71	57.29
Event 13	Women 100 Free	53.70	55.39
Event 14	Men 100 Free	48.52	50.49
Event 15	Women 500 Free	5:13.00	5:32.09
Event 16	Men 500 Free	4:51.25	5:08.99
Event 17	Women 200 Free Relay	1:43.69	1:51.09
Event 18	Men 200 Free Relay	1:31.89	1:38.09
Event 19	Women 100 Back	1:00.43	1:05.99
Event 20	Men 100 Back	55.00	59.29
Event 21	Women 100 Breast	1:07.57	1:12.59
Event 22	Men 100 Breast	1:00.86	1:05.09
Event 23	Women 400 Free Relay	3:44.37	4:05.09
Event 24	Men 400 Free Relay	3:23.42	3:42.99